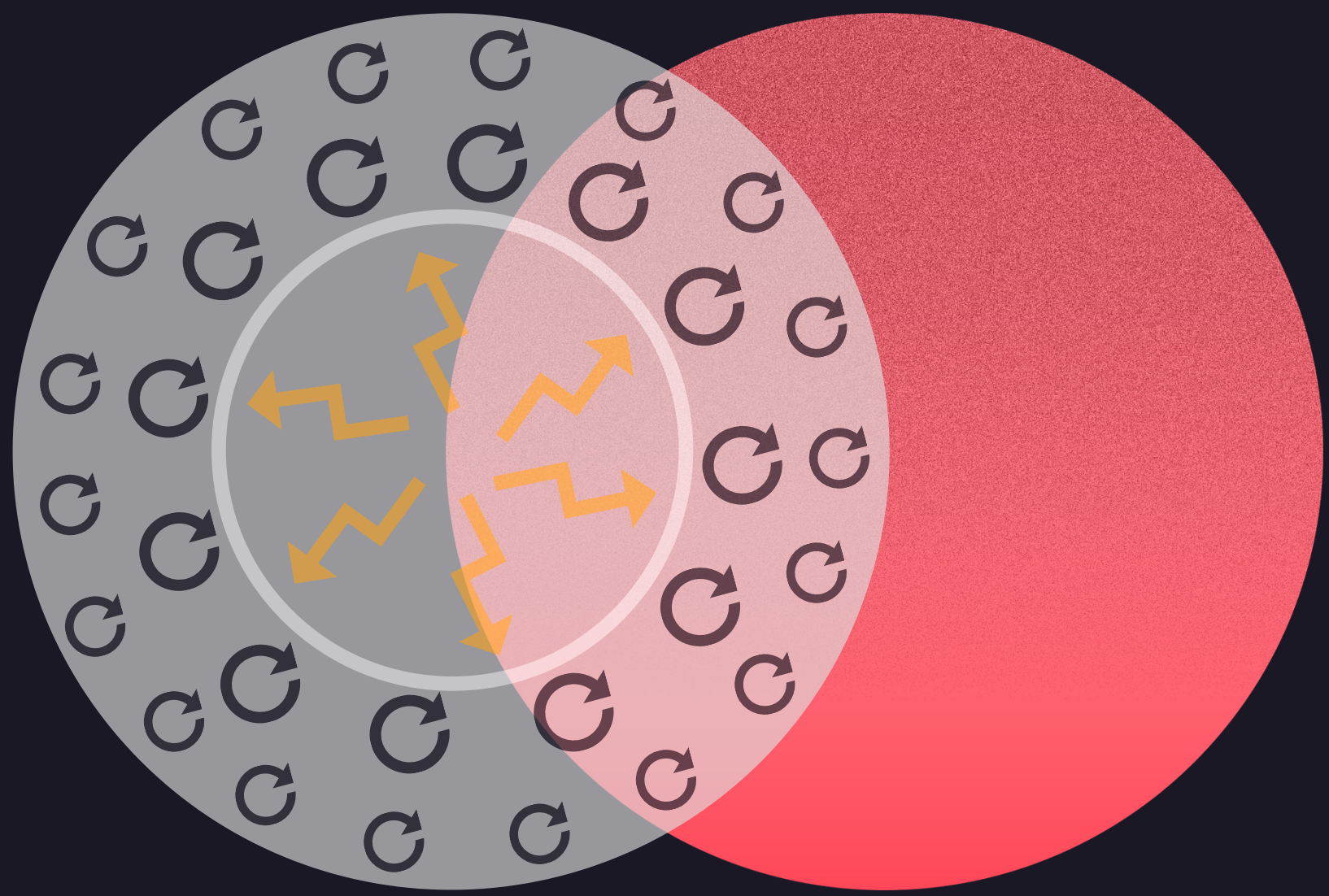
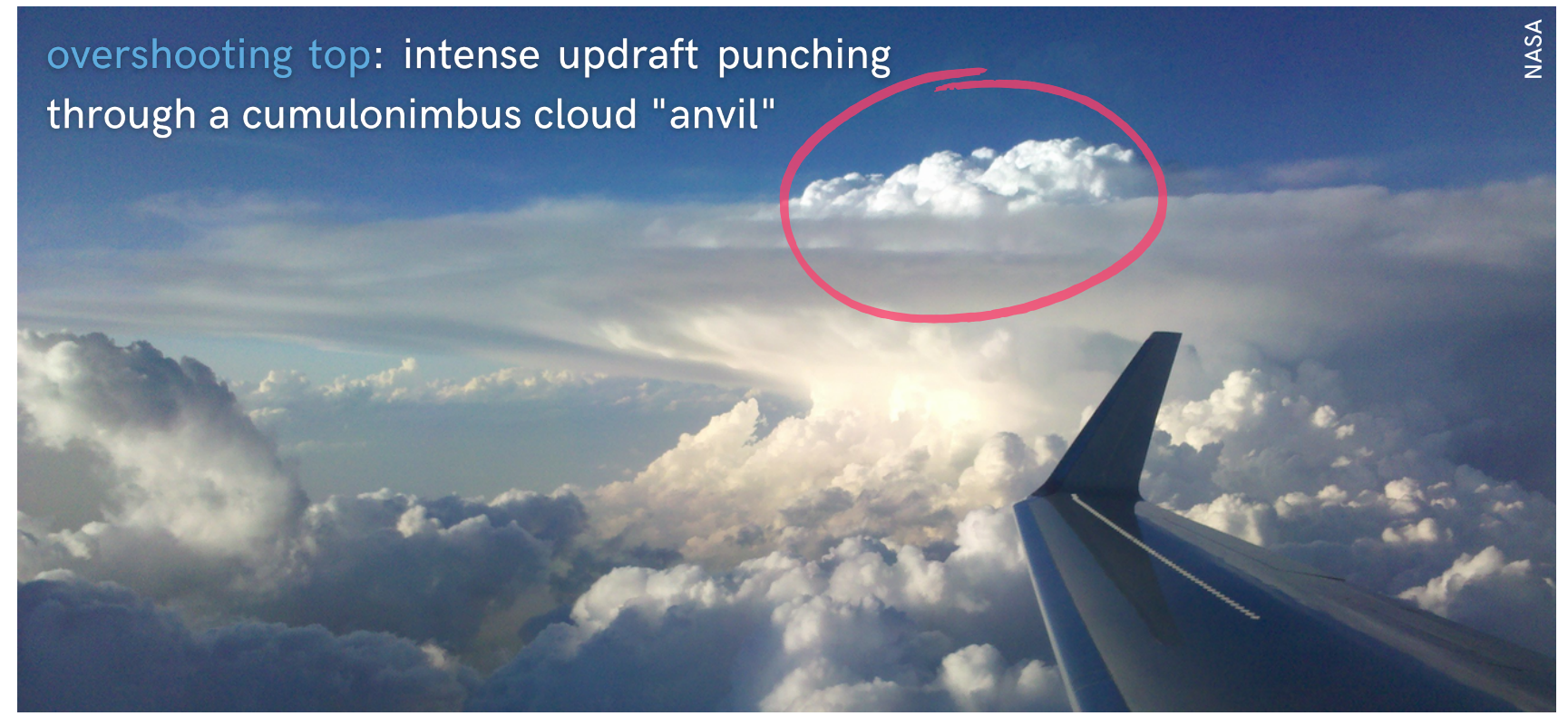


# convection in low-mass stars

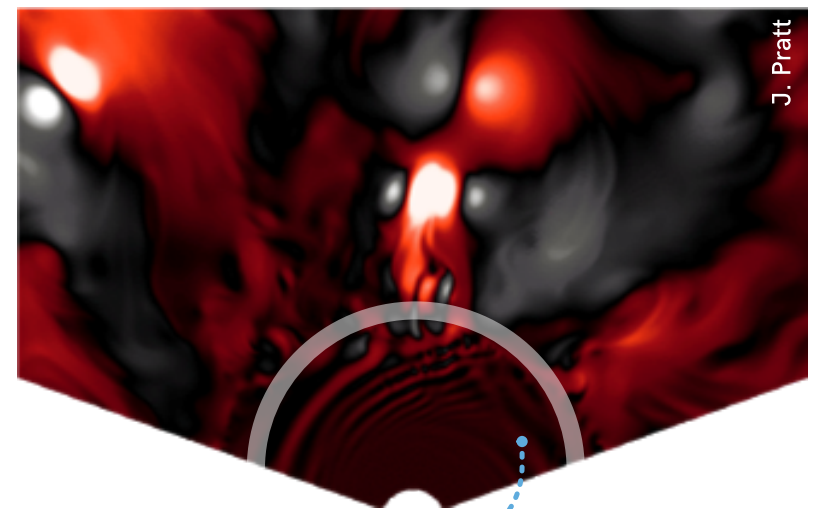


however, the occurrence and efficiency of mixing processes beyond formal convective boundaries (**overshooting**) is poorly known



the treatment of **convection\*** is a long-standing and crucial deficiency in our understanding of the evolution of low-mass stars

(\*) macroscopic motions of matter that carry energy and constitute a very efficient mixing mechanism

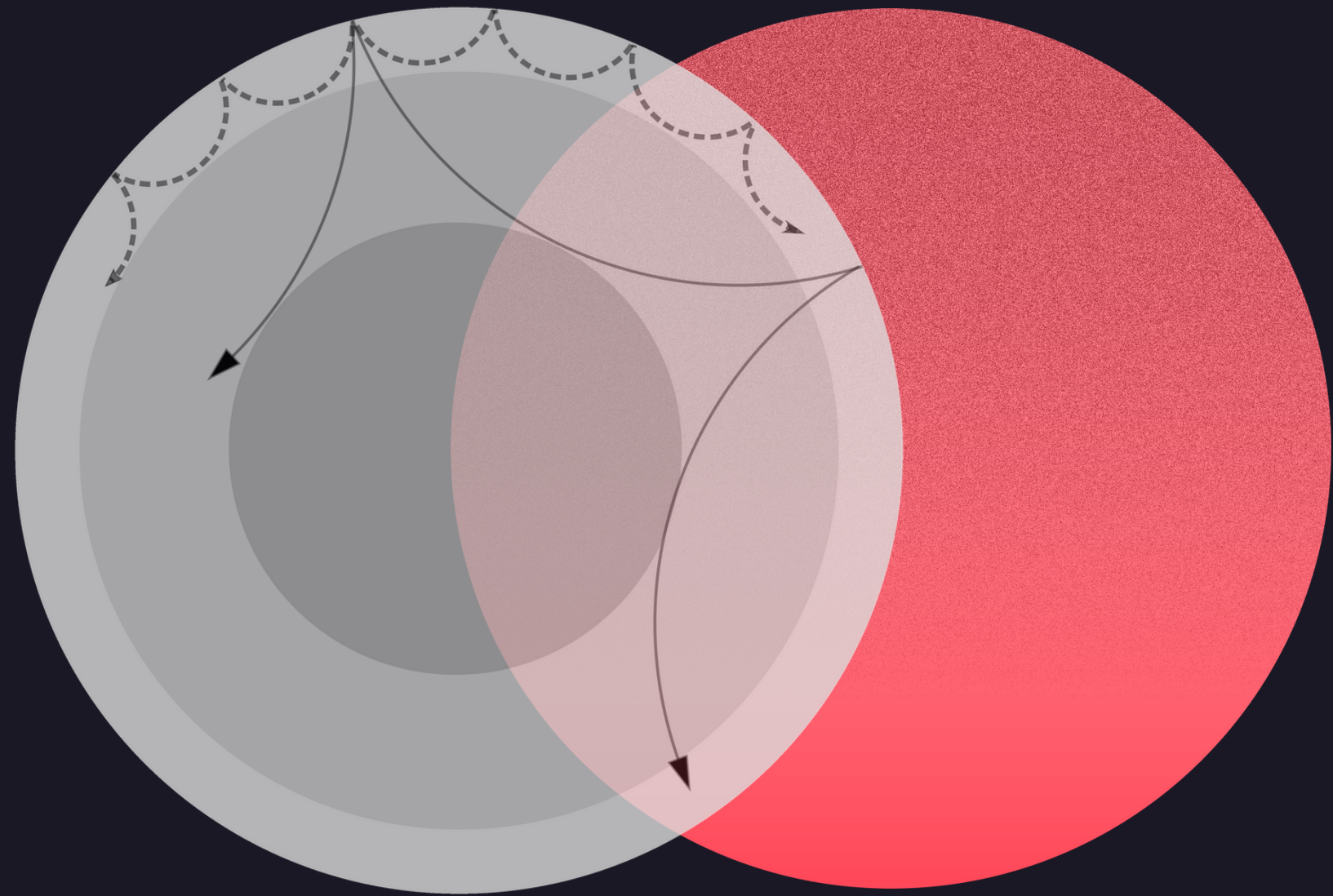


↑ surface  
↓ centre

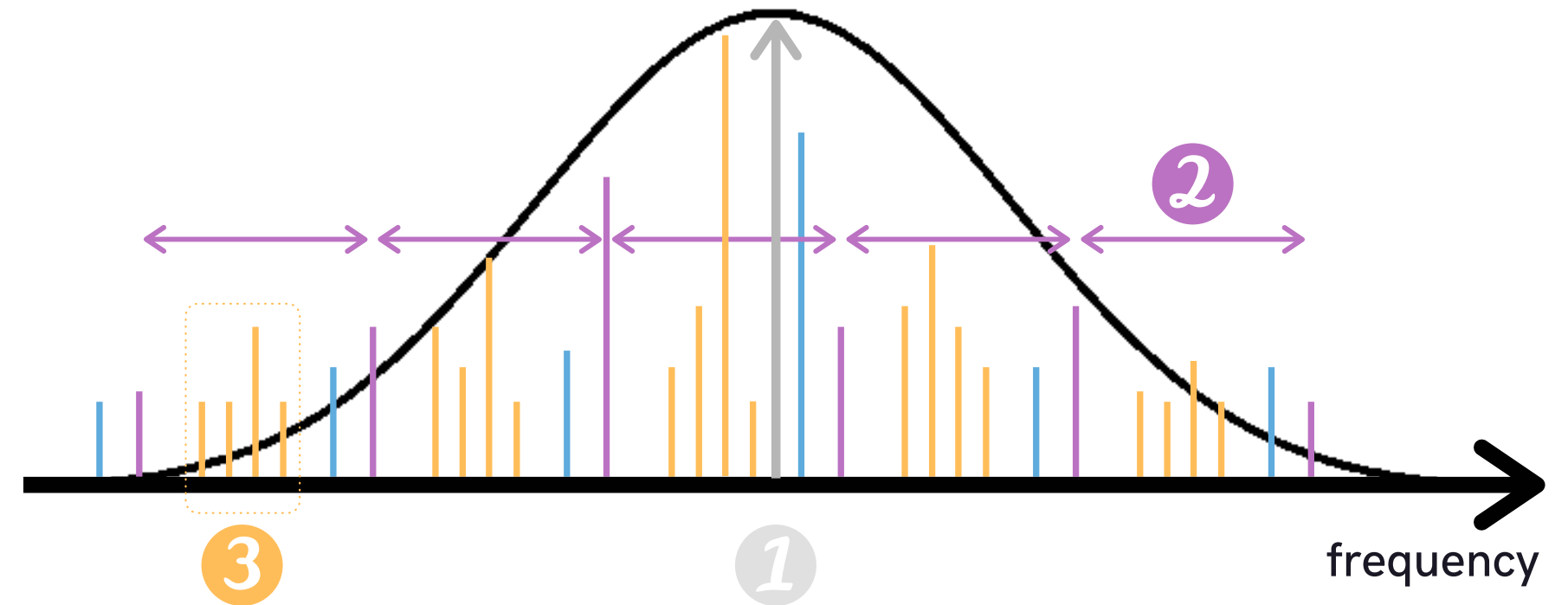
overshooting region ←



# the "space photometry revolution"



**asteroseismology** - the study of stellar oscillations - allows us to probe the interior of stars, previously inaccessible from outer layers properties alone

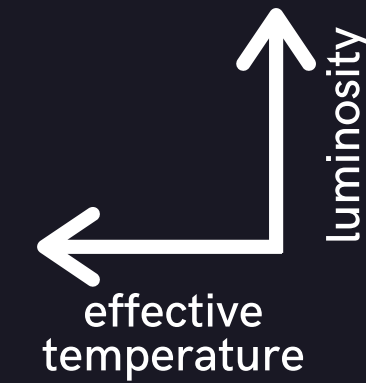
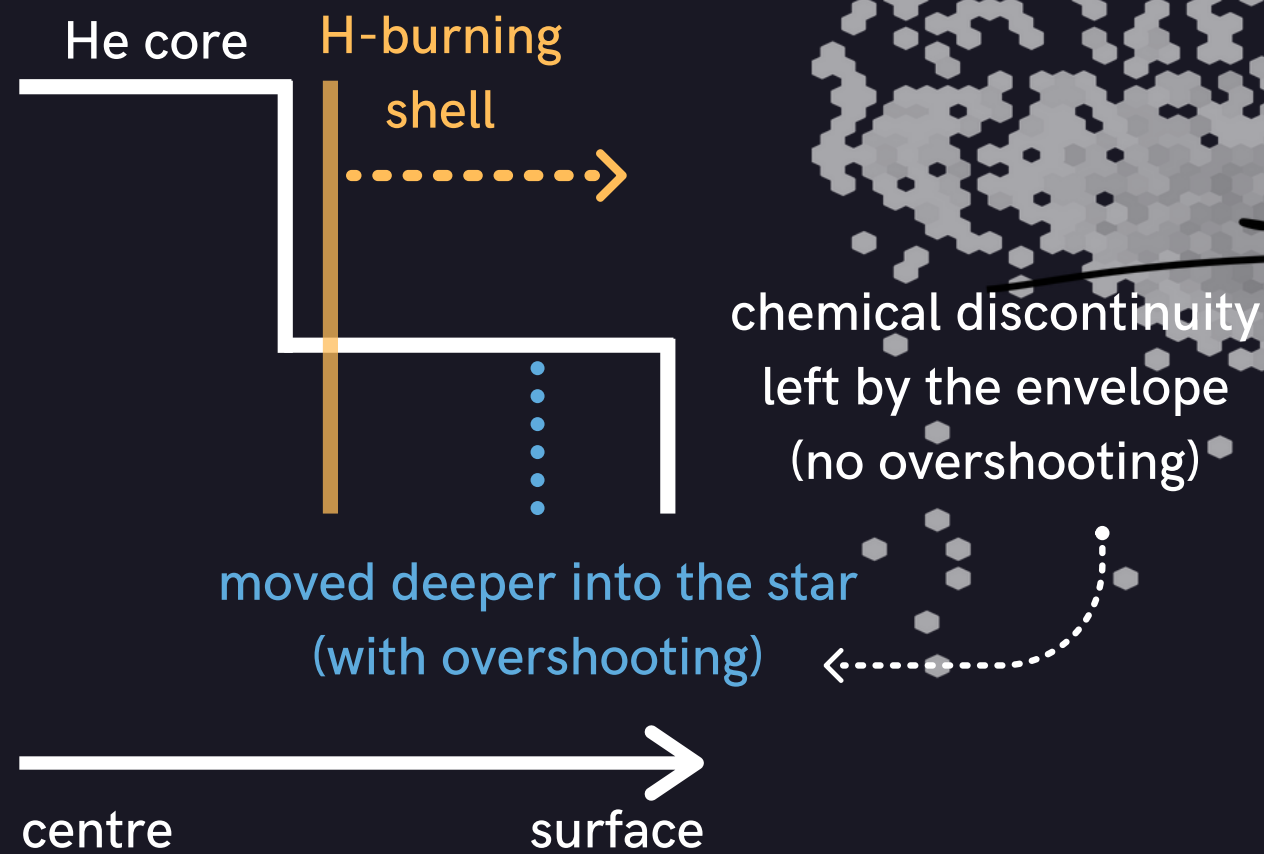


the analysis of power spectra yields insightful information on stars:

- average spectral parameters (1, 2) can be related to fundamental stellar parameters
- individual frequencies (3) may provide direct constraints on variations in chemical composition in the stellar interior

# the red-giant branch bump (RGBb)

**RGBb**: temporary drop in luminosity as the star evolves on the RGB, as the **shell** approaches the chemical discontinuity

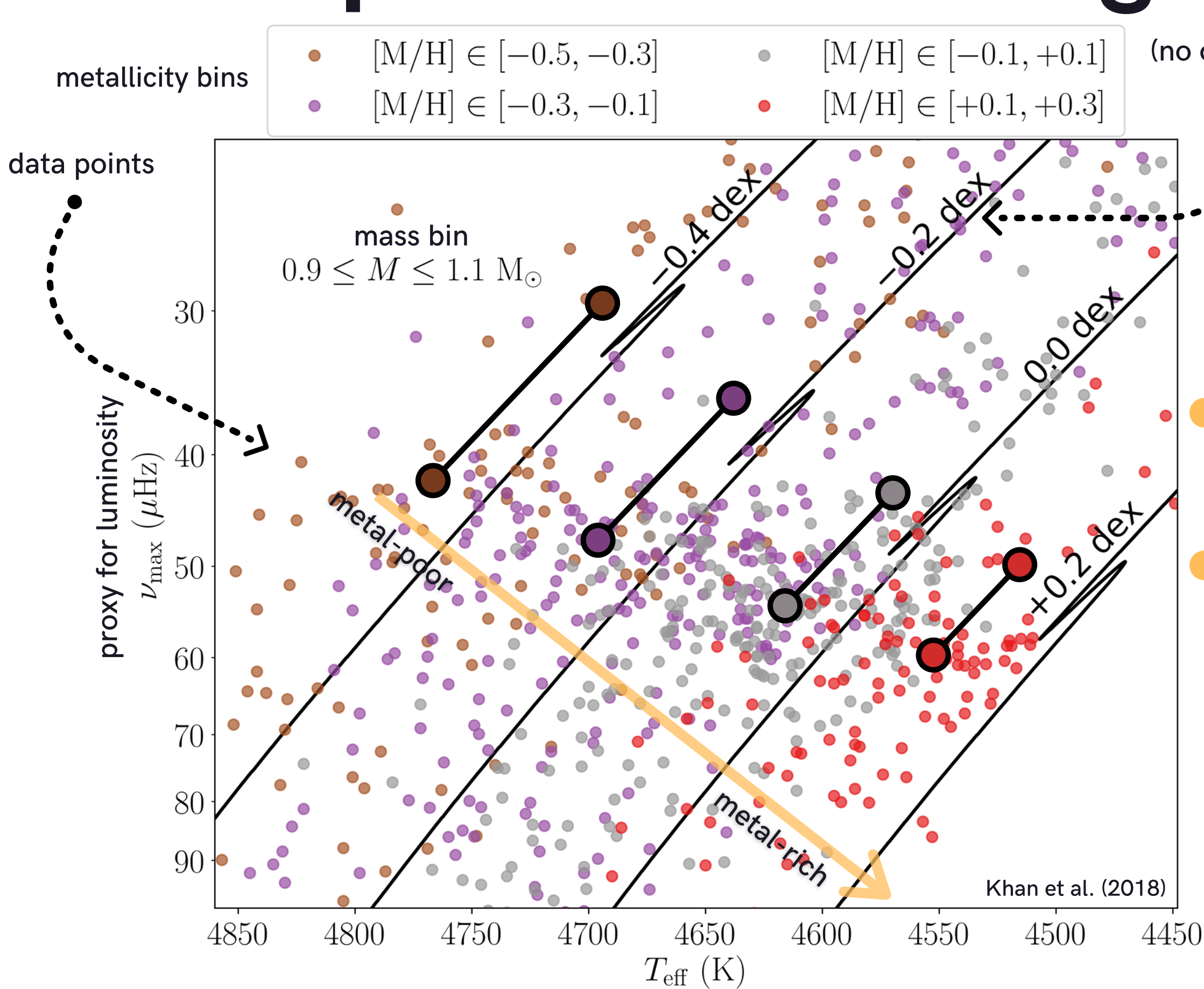


RGBb luminosity  
=  
a calibrator for  
extra-mixing  
processes

with the inclusion of **overshooting**, the discontinuity is met earlier by the **shell**, hence the **RGBb** has a fainter luminosity



# envelope overshooting calibration



## Conclusions from asteroseismology + spectroscopy

- the inclusion of overshooting in the models (leading to a fainter RGBb) helps reproducing the observations
- for low-mass stars, the extra-mixing efficiency increases with decreasing  $[M/H]$

*Prospects*  
 further constrain the RGBb using independent measurements and detailed asteroseismic diagnostics